

SUMMER, 2020

*POWER UP* NEWSLETTER



## Tampa Ameet Raising \$18,000 for a New Single Hospital Room at Hadassah Hospital

*Join us.....*

Achieving our vision for 360 Degrees of Healing is possible only through the full support of our committed friends around the world. To complete the renovation and expansion of the iconic Round Building — so vital to health care in Israel and HMO medical breakthroughs with global impact Tampa Ameet will raise \$18,000 for a new single room at the hospital. The cost for the total renovation is \$91.2 million.

## Celebrating the Never Again ACT September 6, 11am



The **Holocaust education funding bill** had bipartisan support in U.S. Congress and was signed into law by President Donald Trump in May.

The upcoming celebration of the bill's signing begins at 11 a.m. with a Holocaust lesson on Zoom focused on standing up to hate and learn how to identify it.

Speakers include Rivka Liberow, co-director of Chabad Student Center in Boca Raton, and Karen Paikin Barall, director of government relations for Hadassah, the Women's Zionist

With your help we will ensure that the iconic Round Building at Hadassah Hospital Ein Kerem, helps keep Israel at the forefront of medicine and secures Hadassah's legacy of healing for the next 100 years.

Please join us in our commitment to heal the world. Support 360° of Healing today.

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## Explore Hadassah History September 8, 700pm

TREASURES  
OF THE  
HADASSAH  
ARCHIVES:  
A VIRTUAL  
TOUR OF THE  
HADASSAH  
COLLECTION



Watch Treasures of the Hadassah Archives: A Virtual Tour of the Hadassah Collection with Melanie Meyers, Director of Collections and Engagement at the American Jewish Historical Society.

See rare documents, photos and artifacts and learn the fascinating background of this extensive collection that tells the full story of Hadassah's noteworthy history.

Organization of America which lobbied for the bill's passage.

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## Fleishman Is In Trouble Book Review

By Etta Donnell



In what has become the buzzword for a must-read "obscenely funny" novel **Fleishman Is In Trouble** tells the story of the disintegration of a modern marriage, cleverly overlaid with the issue of gender discrimination in corporate America.

Author journalist Taffy Brodesser – Akner creates characters that gain our utmost sympathy and absolute trust as does Toby. Then she shifts the focus and totally reverses our perception through the character of Libby one of the narrators of the novel.



## Take A Virtual Tour To Israel *September 10pm 3pm*

**Visit Israel's Salad Trail:** Next in our new monthly Zionist webinar series is a **Virtual Tour of Israel's Salad Trail**. For Rosh Hashanah this year, let us bring Israel to you!

Celebrate the new year on this exciting online virtual tour in the greenhouses of the Habsor region in the northern Negev.

## Hadassah Sees Promising Results In Antibody Treatment for COVID-19

Now a stay at home mom Libby quit her job as a reporter at a man's magazine. Her reportage profiled women's stories, carefully filtered, to satisfy the distinctive discernment of men. To be recognized for her work, Libby quickly discovered she had to veil her feminist ideas and disguise the mindset of women she interviewed. Never fully feeling like an "insider" Libby wrote under, a smokescreen all the while churning inside.

## More Fun Things To Do While At Home

After registering, you will receive a confirmation email containing information about joining our meetings.



## **HADASSAH OPEN MIC AT CLUB ZOOM Sep. 15, 7pm (Registration - Sep. 8)**



*Zeev Rotstein, Hadassah Medical Organization Director General*

The Hadassah Medical Organization (HMO), together with the Israeli biopharmaceutical firm Kamada, is currently testing a “passive vaccine” that is showing promising therapeutic results in patients with COVID-19. The first patients treated have already been released from the hospital and have returned home.

Patients with any viral disease develop antibodies in their plasma that help fight off the disease. Hadassah’s Blood Bank collected plasma from recovered COVID-19 patients and transferred that plasma to Kamada, which used it to produce the appropriate antibodies, what it calls its “anti-SARS-CoV-2 plasma-derived immunoglobulin (IgG) product.”

According to HMO Director General Prof. Zeev Rotstein, the treatment is being given to seriously ill COVID-19 patients. Potentially, it could also stop the progression of disease in high-risk patients who contract the virus.

What makes passive immunization different from an active vaccine is that a passive vaccine uses antibodies from recovered patients while an active vaccine contains a

Register to sing, play, read, dance, or tell jokes. What ever your talent is...do it. Call Michele Norris to register 813-352-8765.

Come to Club Zoom on September 15th and enjoy the best talent of Tampa Ameet. Tickets are \$18.00 per person.



## **COVID AND COMEDY Tampa Ameet Lunch Brunch On Zoom Sept. 25, 2020 1:00 pm**

Bring your lunch and wear your favorite funny hat (this is your ticket to get into Zoomland), see your friends and enjoy the funnies.

Laughter is healing and has many physiological effects; For example:

- 0-15 minutes of laughter per day may burn 10-40 extra calories.
- Laughter lowers levels of the stress hormone, cortisol.
- Laughter activates the mesolimbic dopaminergic reward system in the brain.

dead or weakened version of an actual virus.



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## Presidents Message

Dear Friends;

Hadassah is participating in Vision2020Votes, a national, nonpartisan effort to get more women than ever registered and voting in the 2020 elections.

Via the online platform Motivote, anyone can join Hadassah's Voting Team and regional teams. Request an absentee ballot, add Election Day to your calendar and help someone else register, visit the Hadassah National Action Center and more earning points every step of the way. Compete and engage online to make the whole voting process fun and easy.

I'm excited to invite you to join the Vision2020Votes voting team, a part of the community. On the Vision2020Votes voting team, we're making it easier to get ready to vote—and help your friends, family and broader community too.

When you sign up, you'll get timely and specific information about upcoming elections, including tools to turn information into action. With each completed action, the team racks up points to earn fun rewards from mission-driven brands.



- It raises levels of beta-endorphins (the feel-good chemicals of the body) and increases human growth hormone

See you at the lunch brunch...  
Fun, Fun, Fun.



### **PET LOVERS CLUB (Ruff Ruff, Meow!) Announcing A New Tampa Ameet Club**

The goal of the club is to share enjoyable activities, stories and relevant information with members to enhance their pet ownership.

\$25.00 Registration fee inclusive of your pet, grandpet and great grand pets. Your listing will appear in the Tampa Ameet Membership Directory. **Share the love.**

Stay safe and be well....

**Mail your check to Marilyn Slater, 338 Club Manor Dr., Sun City Center, Florida 33573**

Virtual Hugs,



**Michele Norris**  
President  
Tampa Ameet  
Direct: 813-352-8765

## Lifestyle Article (Get Cooking)

By Shannon Sarna

Food guru Shannon Sarna, spokeswoman for Every Bite Counts: Hadassah's Nutrition Program, celebrates the delectable, diverse universe of Israeli food and its popularity in the US. "Israeli food is both Ashkenazi and Sephardi, Jewish and non-Jewish, new and old, and though no one has precisely defined it yet, it is terribly exciting," she says. Check out her latest column and recipe.



### **Chicken Shawarma Grain Bowls**





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